



Autumn Term 2025		
Programme	Day/Date	Time
<b>Cygnnet</b>	Fridays for 6 weeks 12/9/25 to 17/10/25	9.30am – 12.30pm
<b>Supporting your child's emotional needs – Primary</b>	Mondays for 3 weeks 6/10/25 to 20/10/25	12pm – 1.30pm
<b>Practical Strategies for everyday family life</b>	Wednesdays for 6 Weeks 5/11/25 to 10/12/25	9.30am – 11.30am

Spring Term 2026		
Programme	Day/Date	Time
<b>Supporting your teenager's emotional wellbeing</b>	Tuesdays for 3 weeks 20/1/26 to 3/2/26	4pm – 5.30pm
<b>Supporting your child's emotional needs – Primary</b>	Thursdays for 3 weeks 29/1/26 to 12/2/26	9.30am – 11am
<b>Cygnnet</b>	Tuesdays for 6 weeks 24/2/26 to 31/3/26	9.30am– 12.30am

Summer Term 2026		
Programme	Day/Date	Time
<b>Practical Strategies for everyday family life</b>	Thursdays for 6 weeks 30/4/26 to 11/6/26	9.30am – 11.30am
<b>Supporting your child's emotional needs – Primary</b>	Wednesdays for 3 weeks 6/5/26 to 20/5/26	4pm – 5.30pm
<b>Connecting with your young person</b>	Fridays for 3 weeks 19/6/26 to 3/7/26	9.30am – 11am

Bookings :-Search on Eventbrite for all our bookings – **Parent Power – HCS& NWLCS**

<https://www.eventbrite.co.uk/o/parent-power-hcs-nwlc-107034234421>

For more information about the programmes please see our Parent Power leaflet from your school or contact our service directly:- [info@horsforthchildrensservices.co.uk](mailto:info@horsforthchildrensservices.co.uk) or [info@esnorthwest.co.uk](mailto:info@esnorthwest.co.uk) or call the office on 0113 3367724

