

Parenting is Tough

You don't have to do it alone

PACS



**Parent and Carer
support sessions**

Need support, guidance or just someone to talk to? Our PACS sessions with a family support worker can offer support, advice and signposting.

One to one appointments are available by telephone or in person, please call 0113 3367724 or email
info@esnorthwest.co.uk or
info@horsforthchildrensservices.co.uk

Appointments will be kept to 30 minutes with the option to book another if this is not enough time

