



We work together with parents and carers to look at ways to build on family strengths to help make family life easier.

We work in partnership with schools and other local services to offer a range of support to suit your family's need



Tessa Freer
**Targeted Service
Leader**



Vicki Madeley
Cluster Manager



Amy Jordan
Family Support Worker



Liz Lockwood
**Family Support &
Drawing & Talking Worker**



Lucy Firth
Administration worker



Sue Walker
School Therapist



Targeted Family Support

Providing individual one to one support to parents and carers. Our aim is for parents and carers to feel encouraged, supported and empowered to make changes that will have a positive impact on family life.

PACS – Our ‘Parent And Carer Sessions’ Providing a one-off appointment with a Family Support Worker offering support, advice and signposting. This can be by telephone or in person.

Adult Counselling

We offer up to 8 weeks of one-to-one sessions from the Horsforth Children’s Services Office during school hours. Sessions are offered with a trainee counsellor and are a safe space for parents and carers to access talking therapy aimed at helping to manage thoughts and feelings.

SilverCloud

This service offers on-line mental health support. There are a number of different guided self-help programmes that can be accessed by parents and carers and worked through in their own time.

Programmes for parents/carers offering guidance, support and practical strategies for your child/young person’s development

School Therapist

We offer one-to-one counselling support to children and young people with a qualified Therapist in school for 6 to 8 weeks. Counselling is a private space and time where the child/young person can talk about what is going on for them or about anything that is worrying them

Drawing and Talking Therapy

We offer 6 to 8 weeks of face-to-face drawing and talking therapy in school to children and young people allowing them to discover and communicate emotions through a non-directed technique.



SilverCloud

This service offers on-line mental health support. There are a number of different guided self-help programmes that can be accessed by young people and parents and carers and worked through in their own time.



If you would like any further information



0113 336 7724



info@esnorthwest.co.uk



nwleedschildrensservices

We are based at the Brownlee Stone Centre, Town Street, Horsforth, Leeds,
LS18 5BL. Next to Horsforth Library